



# \$0 cost for certain medications\*

We're making medications that may be essential to your health more affordable.



The new UnitedHealthcare Vital Medication Program offers certain drugs at **no additional cost**.\* This means there may be no out-of-pocket costs for preferred insulins and certain other medications, including:

- ✓ **Insulin** – rapid, short and long-acting
- ✓ **Epinephrine** – allergic reactions
- ✓ **Glucagon** – hypoglycemia (low blood sugar)
- ✓ **Naloxone** – opioid overuse
- ✓ **Albuterol** – asthma



To see if you're eligible for no out-of-pocket costs on preferred insulins and other prescription drugs, sign in to [myuhc.com/rx](https://myuhc.com/rx)

United  
Healthcare

\* Available to eligible members. Check your coverage details at [myuhc.com/rx](https://myuhc.com/rx).

If you are not currently enrolled with UnitedHealthcare pharmacy benefit coverage, you may access your health plan's member website for additional information during your open enrollment period or you may contact your employer or health plan for additional information.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you.

Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern. This document applies to commercial group members of UnitedHealthcare plans. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Health plan coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Stop-loss insurance is underwritten by All Savers Insurance Company (except CA, MA, MN, NJ and NY), UnitedHealthcare Insurance Company in MA and MN, UnitedHealthcare Life Insurance Company in NJ, UnitedHealthcare Insurance Company of New York in NY, and All Savers Life Insurance Company of California in CA. Optum Rx® is an affiliate of United HealthCare Insurance Company.

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# Let OptumRx home delivery bring your medications to you

With OptumRx® home delivery, you can get a 3-month supply of your long-term medications. Plus, they are mailed to you with free standard shipping.

## Want more reasons?



### Skip the trips

Your medications can be delivered to your door. You don't even have to leave home or wait in the pharmacy line.



### Save some money

You may pay less than what you do at in-store pharmacies. And, standard shipping is free.



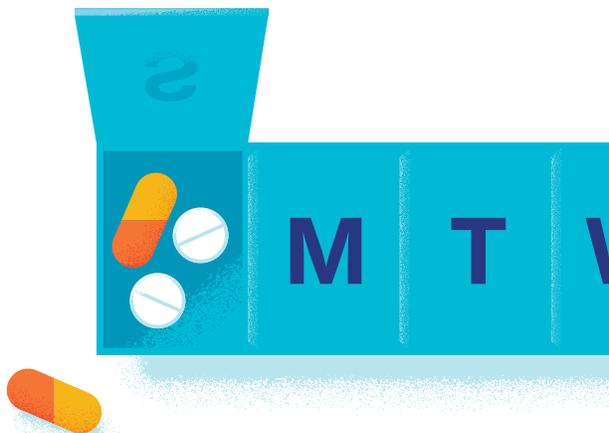
### Stay on track

With a 3-month supply, you may be less likely to miss a dose. You can even sign up for automatic refills.



### Be in control

Use the website or app to easily track orders, request refills, price medications and set up alerts.



## Get the lowest price

Home delivery members save \$10-12\* on average when they use the drug pricing tool and fill with home delivery.

Use the app or go online to see what you can save.

\*2020 OptumRx drug pricing tool cost analysis.

## We're here when you need us

Our pharmacists and customer support team are ready 24/7.

### Ready for home delivery? Here are the ways to sign up.

- [myuhc.com](https://myuhc.com)®
- Or, ask your doctor to send an electronic prescription to OptumRx.
- Or, call the number on your member ID card.

# Frequently asked questions

## Is OptumRx home delivery pharmacy in my plan's network?

Yes, it's part of your plan's pharmacy network.

## Once I've enrolled in home delivery, how long will it take to get my medication(s)?

Medications should arrive 2-5 days after the pharmacy receives completed new and refill orders.

## Am I able to track my home delivery orders?

Yes. You can track your home delivery orders from your online account or with the app.

## What is a long-term medication?

Long-term medications are those you take on a regular basis. They may also be called "maintenance medications." These may be taken for high blood pressure, cholesterol and depression.

## Can I use home delivery for any medication?

No. Not all prescriptions may be filled through home delivery. For example, OptumRx home delivery cannot fill prescriptions for certain pain medications like opioids. You can find out which of your prescriptions can be filled through home delivery by going online or using the app. Or, you can call customer service using the number on your member ID card.

## What is ePrescribe?

It's a way for your provider to send electronic prescriptions to OptumRx. It is much faster than paper and faxing prescriptions. Be sure to ask your doctor to ePrescribe when possible. Prescriptions for controlled substances, such as opioids, can only be ordered by ePrescribe. Some exceptions apply.

## Can I set up medication reminders?

Yes. Use your online account to set up email, phone or text alerts for when it's time to refill or take your medication.

## How does the automatic refill program work?

Go online or use the app to enroll eligible medications.

Then, OptumRx home delivery will send your refills when it's time. They will notify you before they ship and they'll use your approved payment method on file. It's that easy.

**Don't wait.**

**Sign up for home delivery today. Log in to [myuhc.com](https://myuhc.com).**

**Confused about health care terms? Visit [justplainclear.com](https://justplainclear.com).**

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# Free meter program



## Helping you manage your diabetes

Diabetes may harm your eyes, kidneys, nerves, heart and blood vessels. The impact can be long-term. Regular blood glucose testing can help you manage your diabetes and may lead to better glucose control.<sup>1</sup>

### Take advantage of this great offer

Your pharmacy benefit plan offers a free meter program. It provides you with a CONTOUR®NEXT, CONTOUR® PLUS BLUE or Accu-Chek® blood glucose meter at no cost.\* You and your doctor can choose from a variety of meters. For more details, call customer service at the phone number on your health plan ID card, or refer to product information on the back page.

#### How to get your free meter

- 1 Discuss with your doctor and select the meter that is best for you.
- 2 Once you decide, follow the instructions on the next page. You can get your free meter at a retail pharmacy. For CONTOUR®NEXT or CONTOUR® PLUS BLUE products, you can also call the manufacturer directly.

\*One free meter per member. Other restrictions may apply.

<sup>1</sup> Damage to kidneys and eyes may start before people are diagnosed with diabetes. National Institute for Health Research website. <https://evidence.nihr.ac.uk/alert/damage-to-kidneys-and-eyes-may-start-before-people-are-diagnosed-with-diabetes/> Access July 8, 2025

continued



**Don't delay. Talk with your doctor about choosing the appropriate meter for you.**

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# Choose from these brand-name meters

## CONTOUR®NEXT or CONTOUR® PLUS BLUE

Order by phone or at a retail pharmacy

Blood glucose monitors	Test strips
 CONTOUR®NEXT EZ Meter	CONTOUR®NEXT Test Strips
 CONTOUR®NEXT GEN Meter	CONTOUR®NEXT Test Strips
 CONTOUR® PLUS BLUE Meter	CONTOUR® PLUS Test Strips

Available at a retail pharmacy only

Blood glucose monitors	Test strips
 CONTOUR®NEXT ONE Meter	CONTOUR®NEXT Test Strips

## Accu-Chek®

Blood glucose monitors	Test strips
 Accu-Chek® Guide Me Meter	Accu-Chek® Guide Test Strips
 Accu-Chek® Guide Meter	Accu-Chek® Guide Test Strips

## Order CONTOUR®NEXT or CONTOUR® PLUS BLUE meter

Call	1-800-401-8440 ask for order code: <b>BDC-UHC</b>
Retail pharmacy: Present meter voucher information	
BIN	18844
RxPCN	3F
GroupID	MGDCARE
ID#	CNMC7246982
Pharmacist:	Requires a valid Prescriber ID#, Patient's name and DOB for claim adjudication.
	Limit 1 meter per patient, per 12 month period for purchase of product indicated.

## Order Accu-Chek® meter

Retail pharmacy: Present meter voucher information	
BIN	610524
Issuer:	80840
RxPCN	1016
GroupID	40026479
ID#	969608977
Pharmacist:	Requires a valid prescription. Pharmacy Helpline number: 1-800-657-7613
	Limit 1 meter per patient, per 12 month period for purchase of product indicated at a retail pharmacy.

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**LUS TSEEM CEEB:** Yog tias koj hais **lus Hmoob (Hmong)**, muaj cov kev pab cuam txhais lus thiab muaj kev sib txuas lus pab dawb ua lwm hom ntawv, xws li luam ua ntawv loj rau koj. Thov hu rau tus xov tooj hu dawb ntawm koj daim npav ID.

**ATENSION:** No agsasaoka iti **Ilocano (Ilocano)**, magun-odmo dagiti libre a serbisio ti tulong iti pagsasao ken libre a komunikasion iti dadduma a pormat, kas iti dadakkel a letra. Tawagan ti awan-bayadna a numero a masarakan iti kard a pakabigbigam kas miembro.

**ATTENZIONE:** se parla **italiano (Italian)**, può usufruire di servizi di assistenza linguistica gratuiti e comunicazioni gratuite in altri formati, come ad esempio la stampa a caratteri grandi. Chiami il numero verde riportato sul Suo tesserino identificativo.

**注意事項：**日本語 (**Japanese**) を話される場合、無料の言語支援サービスや、拡大文字など他の形式での無料のコミュニケーションをご利用いただけます。会員証に記載されているフリーダイヤルにお電話ください。

**알림 사항:** 한국어(**Korean**)를 사용하시는 경우 무료 언어 지원 서비스와 대형 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 회원 ID 카드에 나와 있는 무료 전화번호로 전화해 주십시오.

**ໝາຍເຫດ:** ຖ້າຫາກທ່ານເວົ້າພາສາລາວ (**Lao**), ທ່ານສາມາດໃຊ້ບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາພາສີ ແລະ ການສື່ສານໃນຮູບແບບອື່ນໆພາສີ, ເຊັ່ນ: ການພິມຕົວອັກສອນຂະໜາດໃຫຍ່. ໂທຫາເບີໂທພາສີຢູ່ທີ່ບັດປະຈຳຕົວສະມາຊິກຂອງທ່ານ.

**ध्यान दिनुहोस्:** यदि तपाईंले **नेपाली (Nepali)** बोल्नुहुन्छ भने, निःशुल्क भाषा सहायता सेवाहरू र अन्य ढाँचाहरूमा निःशुल्क संचारहरू, जस्तै ठूलो छाप, तपाईंका लागि उपलब्ध छन्। आफ्नो सदस्य पहिचान कार्डमा रहेको टोल फ्री नम्बरमा कल गर्नुहोस्।

**توجه:** اگر به زبان فارسی (**Persian-Farsi**) صحبت می‌کنید، خدمات رایگان کمک زبانی و ارتباطات رایگان در قالب‌های دیگر، مانند چاپ بزرگ، در دسترس شما هستند. با شماره رایگان مندرج روی کارت شناسایی عضویتان تماس بگیرید.

**UWAGA:** Dla osób mówiących po **polsku (Polish)** dostępne są bezpłatne usługi pomocy językowej i bezpłatne komunikaty w innych formatach, takich jak duży druk. Prosimy zadzwonić pod bezpłatny numer podany na karcie identyfikacyjnej.

**ATENÇÃO:** se você fala **português (Portuguese)**, tem à sua disposição serviços gratuitos de assistência linguística e comunicações gratuitas em outros formatos, como caracteres grandes. Ligue para o número gratuito que se encontra no seu cartão de identificação de membro.

**ਧਿਆਨ ਦਿਓ:** ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ (**Punjabi**) ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਹੋਰ ਫਾਰਮੈਟਾਂ, ਜਿਵੇਂ ਕਿ ਵੱਡੇ ਪ੍ਰਿੰਟ, ਵਿੱਚ ਮੁਫਤ ਸੰਚਾਰ ਉਪਲਬਧ ਹਨ। ਆਪਣੇ ਮੈਂਬਰ ਪਛਾਣ ਕਾਰਡ 'ਤੇ ਟੋਲ-ਫ੍ਰੀ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ।

**ВНИМАНИЕ!** Если вы говорите на **русском языке (Russian)**, вам доступны бесплатные услуги языковой поддержки и бесплатные материалы в других форматах, например напечатанные крупным шрифтом. Звоните по бесплатному номеру телефона, указанному на вашей идентификационной карте участника.

**ATENCIÓN:** Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro. (TTY 711).

**PAUNAWA:** Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tawagan ang walang bayad na numero na nasa iyong ID card ng miyembro.

**โปรดทราบ** หากคุณพูดภาษาไทย (Thai) ได้

คุณสามารถใช้บริการช่วยเหลือด้านภาษาฟรีและการสื่อสารในรูปแบบอื่น ๆ ฟรี เช่น การพิมพ์ด้วยตัวอักษรขนาดใหญ่ โทรไปยังหมายเลขโทรฟรีสำหรับสมาชิกตามบัตรประจำตัวของคุณ

**ЗВЕРНІТЬ УВАГУ!** Якщо ви розмовляєте **українською (Ukrainian)**, ви можете безоплатно користуватися послугами мовної підтримки, а також безоплатно отримувати інформаційні матеріали в інших форматах, як от набрані великим шрифтом. Телефонуйте на безкоштовний номер телефону, зазначений на вашій ідентифікаційній картці учасника.

**توجہ دیں:** اگر آپ اردو (Urdu) زبان بولتے ہیں تو زبان کی معاون خدمات اور دیگر فارمیٹس میں مواصلات، جیسے بڑے پرنٹ، آپ کے لیے مفت دستیاب ہیں۔ اپنے ممبر شناختی کارڈ پر دیئے گئے ٹول فری نمبر پر کال کریں۔

**LƯU Ý:** Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Gọi đến số điện thoại miễn phí có trên thẻ định danh thành viên của quý vị.

# Welcome to the UnitedHealthcare specialty pharmacy program

UnitedHealthcare offers specialty medication support through Optum® Specialty Pharmacy. They provide valuable resources and personalized support to help you with your condition.

## What is a specialty medication?

A specialty medication may be injected, infused, taken by mouth or inhaled. It's different from other medications because it:

- May need ongoing clinical oversight and extra education
- May have unique storage or shipping needs
- May not be available at retail pharmacies
- May need infusion or home nursing

## What to expect from your exclusive specialty pharmacy

You'll get access to these helpful resources from Optum Specialty Pharmacy.

### Easy prescriptions

- Get medications delivered on time, accurately, and affordably
- Order refills by phone or online\*
- Receive support through virtual visits, calls, live chat, or text

### Expert guidance

- Connect with a clinician to help manage your medications
- Find out about financial help for your medication
- Learn more about your condition and treatment through videos



**Optum Specialty Pharmacy is available 24/7**

**1-855-427-4682 TTY 711  
specialty.optumrx.com**

**Sign in or register today**



\*Some medications for more complex conditions do not qualify for online ordering. Call 1-855-427-4682 and speak with a patient care coordinator to order those refills.  
continued

## Guiding your health journey

Managing and living with a complex health condition is challenging. Optum Specialty Pharmacy is available 24/7.



### Getting started

Your plan offers access to the Optum Specialty Pharmacy patient care team and pharmacists ready to help 24/7. They'll explain how to use the pharmacy, answer questions and can even transfer your prescription. So when you're ready to start, just call **1-855-427-4682**. Or choose to learn more about your options at [specialty.optumrx.com](https://specialty.optumrx.com).



### Personalized support

Optum Specialty Pharmacy is always available by phone to answer questions about your medication, side effects and more. You can also use the tools below:

**Virtual visits** – Set up a video chat with an expert in your condition. Ask questions from the privacy of your home.

**Video series** – Watch videos from other patients with specialty conditions. Hear about their treatment and how they are doing.



### Tips for working with a specialty pharmacy

- Tell them how therapy is going. Talk about side effects, keeping up with medication, tips to stay on track and more.
- If your plan offers a clinical management program, follow the care plan and let the pharmacy know about any new medication you take.
- Ask about other wellness or cost-saving programs that may be a good fit.



### Staying on track

A few days before your next fill, you'll get a refill reminder by email, phone or text. Call to sign up for text messages.

Optum Specialty Pharmacy can only fill specialty prescriptions. Use your home delivery or retail pharmacy for your non-specialty prescriptions.

To find a retail pharmacy in your network please visit [member.uhc.com](https://member.uhc.com) > *Pharmacies & Prescriptions* > *Find a pharmacy*, use the Pharmacy locator found under the Member tools tab. Or download the UnitedHealthcare app and go to Rx tab.

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Optum Specialty Pharmacy is affiliated with Optum Rx, a pharmacy benefit manager and affiliate of UnitedHealthcare. You may not be required to use Optum Specialty Pharmacy for certain specialty medication. There may be other pharmacies available in your network. Call the customer service number on your member ID card or visit your plan website and use the pharmacy locator to view listings. Your receipt of this communication is acknowledgment of the information provided. You may contact the customer service number on your member ID card for any questions or concerns.

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# Pharmacy at your fingertips



Fast, easy and secure. The UnitedHealthcare website and app gives you the information you need to make the most of your pharmacy benefit.

## Convenient tools at home or on-the-go



Find drug prices and lower-cost alternatives.



View real-time benefits and claims history.



Locate a network pharmacy.



Access your ID card, if your plan allows.



Set up text message medication reminders online.



Request a prior authorization for medication.



Manage medication for covered dependents and spouses.



**myuhc.com**

Access your pharmacy benefits online or from your smartphone or tablet.

### If you use home delivery, you can:

- Request to transfer retail prescriptions to home delivery.
- Track orders.
- Refill home delivery prescriptions.

# Simple, current, personalized

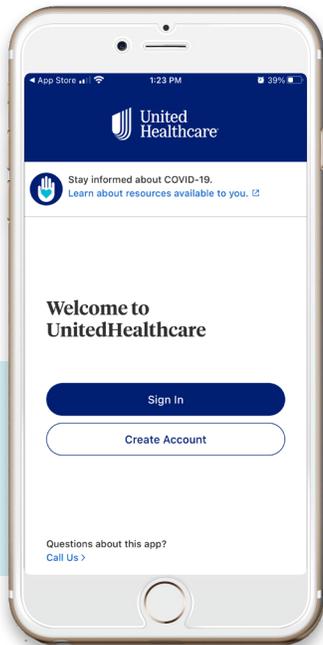
- **Save time**—Skip the pharmacy line. Order medications you take regularly online and make fewer trips to the pharmacy.
- **Save money**—Get 3-month supplies and you could pay less. Orders are sent using free standard shipping.

## To set up your account:

1. Visit **<OPEN ENROLLMENT URL>** or access the mobile app.
2. Select **Register** on the home page or the app's home screen.
3. Enter the information from your member ID card.
4. Create a username and password.
5. Complete your profile.\*

If you already have an account, sign in using your username and password.

\*Once created, your sign-in information can be used to access your account on both the mobile app and website.



**Register online or download the UnitedHealthcare® mobile app to easily manage your prescriptions today.**

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Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by UnitedHealthcare Insurance Company, United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.

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